



SOUTH WINDSOR YOUTH SOCCER CLUB

SENIOR WOMEN'S LEAGUE INDOOR SOCCER RULES AND PROCEDURES

This document is important. Please get it translated if you do not understand it.

All team captains are required to provide these general rules to their team players.

General Facility Rules at CENTRAL PARK ATHLETICS

It is our goal that all Players, Coaches and Spectators entering Central Park Athletics have an enjoyable experience. The senior women's league encourages fair play and sportsmanship.

In order to provide this positive environment, the following rules should be adhered to by all:

1. Smoking is not allowed in the facility.
2. Profane, abusive, or foul language is not tolerated.
3. No spitting or gum chewing allowed.
4. Anyone caught fighting at Central Park Athletics will be removed from the facility.
5. Climbing on any building structures or equipment (i.e. netting, benches, or goals) is not permitted.
6. Continuous disregard for the rules may result in a league expulsion or not being invited back next season.

Team and Player Registration

Each team must register a minimum of 12 players. All players must complete the online registration prior to the start of their first game.

Registration and Procedures

A team roster must be submitted to SWYSC staff prior to the first game. All monies owing; team and OSA fee, must be paid online or given to the league prior to the start of the first scheduled game.

Equipment

Absolutely no jewellery will be permitted on the field of play. Players will kindly remove all jewellery before they play enter the field of play. A player that refuses to remove a piece of jewellery will not be eligible to play. Laws of the Game do not allow the covering of jewelry. The referee's discretion will be followed.

Resource: https://www.fifa.com/mm/document/afdeveloping/refereeing/law_4_the_players_equipment_en_47415.pdf

It is the responsibility of the team captain and management to enforce this FIFA regulation.

All players MUST wear shin guards.

Only flat soled indoor, turf shoes, or multi studded outdoor shoes may be worn by players on the soccer fields.

Each team must have numbered uniforms. The numbers must be clearly visible. The goalkeeper must wear a shirt distinct (i.e. different colour) from that of his own team, as well as the opposing team's uniforms.

Before the start of the game, the home team must provide to the Referee a game ball that is properly inflated and in suitable condition to use for the game.

In the event that two teams have similar coloured uniforms, it is up to the two teams to flip a coin, take turns or come to a consensus to wear pinnies/bibs that are available.

A player wearing a wrist or arm cast must protect the cast to the satisfaction of the referee prior to the start of a game. Knee braces are only permitted if they are well wrapped and the mechanics of the hinges pose no visible threat to the safety of others.

Game Scoring

Win = 3 points, Tie = 1 point, Loss = 0 points

In the event of a tie in the final standings, the following tiebreaker rules shall apply 1) Head to Head 2) Goal Differential 3) Goals Against 4) Goals For 5) A coin toss.

A game that is forfeited will count as a 3-0 win for the non-forfeiting team.

Playoffs

All playoff games (i.e., Quarters, semi-finals and Finals) that end in a draw will be decided by penalty shots. Each team will take 3 shots, one (1) shooter at a time. The team that scores the most goals from their 3 shots wins the game. If the score is tied after each team has taken 3 shots, sudden death penalty shots will begin. The game concludes when one team scores and the other team does not.

Players must be on the field at the end of regulation in order to take a penalty shot. Each Player on a team must take a penalty shot (including the goalie) before a Player can take his/her second penalty kick. If the game is still tied after all Players have taken one shot, the teams will once again shoot penalties in the same order.

Referee Decisions - Suspensions - Appeals

Any comments or concerns about the performance or actions of a Referee will be directed to Bronwen Wood and SWYSC Head Referee.

Please note: Any Players, Coaches, or fans that threaten or assault game officials, will be banned from the facility immediately, and could also face criminal/legal action from the assaulted official. Such

actions will result in the immediate suspension of the registrant until such time as the SWYSC discipline committee can convene a discipline hearing.

Yellow Cards

Any Player receiving 3 yellow cards during the course of a season, will receive a one game suspension commencing the next game played by that Player's team.

The accumulation of yellow cards does not carry over into the playoffs, suspensions however, do. Any Player receiving two yellow cards in a single game will miss the duration of that game and their team shall play shorthanded.

Red Cards

All dismissals will be reviewed by SWYSC disciplinary committee.

A player who is ejected with a red card will leave the field of play and the facility. His/her team shall play shorthanded for the remainder of the game. Any player who earns a red card (outright or as a result of two yellow cards) may be subject to a three game suspension.

Any offence, which is directed at the game official, will be heavily sanctioned. SWYSC will not tolerate referee violence or abuse.

Filing a Complaint

If you have a complaint against a Player, Coach, Referee, please forward the complaint to Bronwen Wood or SWYSC Head Referee. We will then review the complaint and determine if it is within their ability to take action accordingly.

League Rules

1. Duration of Games: 2 x 25 minute halves with 5 minute at half-time. Teams must be ready to play exactly at the scheduled game time. Any team more than 5 minutes late automatically forfeits the game. The Referees will be advised to strictly enforce this issue this year. In the event of inclement weather, referee will proceed when a sufficient number of players have arrived. Game times will be shortened accordingly to fit within the 1 hour time allotted.

2. Number of Players: Games are 8 v 8 (including goalkeepers) on the full fields. Teams must have a minimum of 6 Players (including goalkeepers) on the full field to start the game. No formal warm-up time is allotted.

3. Ball out of Bounds: Players will play "throw- ins" from out of bounds. Ball out of bounds at either goal line will result in either a goal kick or corner kick.

4. Offside: There will be no offside in the game.

5. Goal: All field Players may score from anywhere on the field of play with the following exception: A goal cannot be scored directly from a restart, from the centre-kick, and goal kick.

Goalkeepers cannot score by throwing the ball into the net. A goal can be scored from a goalkeepers punt or drop kick.

6. Penalty-Kick: A penalty kick will be awarded for a team Player (other than the goalkeeper) handling the ball within the box, tripping in the box, and any other infraction of the Laws that would result in the award of a direct free-kick inside the goalkeepers penalty box.

7. Corner-Kick: Corner-kicks are played on all fields. Corner-kicks are direct.

8. Centre-Kick: Will be awarded to the opposing team after every goal is scored and to start each half of the game.

9. Pass-Back: Regular pass-back rules to the keeper are in effect. If a goalkeeper picks up a ball passed from his/her own team, an indirect free kick will be awarded to the opposing team at the point in the penalty area where the GK touched the ball with his/her hands. If the goalkeeper touches the ball near the goal line, the Referee will place the ball 5 yards from the goal line for an indirect free kick.

10. Substitutions: Substitutions are unlimited and may take place at any time including "on the fly" in all divisions.

11. Slide Tackles: Sliding tackles are not permitted. A direct free-kick will be awarded to the opposing team. Goalies may use the slide tackle within their own penalty area, however, they fall under the same rule as a field Player once they have exited their penalty area. All fouls for slide tackles, will be at the Referee's discretion.

12. Sidelines: The sidelines are reserved for team players ONLY. Any spectators, coaches, friends etc. are not permitted on the soccer fields and must remain in the viewing area for the duration of the game. (Exception; young children may remain with their parent on the field but behind the spare youth nets for protection) the SWYSC is not responsible for any injuries sustained.

13. The use of offensive, insulting or abusive language and/or gestures towards the Referee, any Player, team officials or spectators will result in a sending off and/or expulsion from the Central Park Athletics facility.

All captains must make their players aware of the above rules and procedures

Any comments or concerns can be directed to Bronwen Wood (bronwen.wood@gmail.com)